



Florida's HEROs Monthly Newsletter

Welcome to the Florida's HEROs Stakeholder and TA Consultant Monthly Newsletter!

This month you'll find a few very important updates on award opportunities, important information to share with your ECE programs, and ways to get involved.

Thank you for your hard work promoting and establishing healthy habits among young children. We're so glad you're here.



Resources, Trainings & Events

NEW RESOURCE! Limit Screen Time Resource

Research shows that children who spend a lot of time in front of screens are less physically active and eat less



This program reimburses child care providers for meals and snacks that meet a certain nutrition standard and provides educational opportunities and resources on integrating healthy meals into child care programs.

Are you working with a child care program interested in learning more or getting started? Read the CCFP fact sheet below.

[CCFP Fact Sheet](#)

NEW GRANT OPPORTUNITY! School Garden Grants

Florida Agriculture in the Classroom's (FAITC) School Garden Grant Program is designed to fund school garden projects that will educate Florida's students about the importance of agriculture, healthier meal options and allow teachers to use a school garden to teach Florida standards.

Share this resource with your ECE programs who may be interested.

Read more at the link below for additional grant information, guidelines, and requirements.

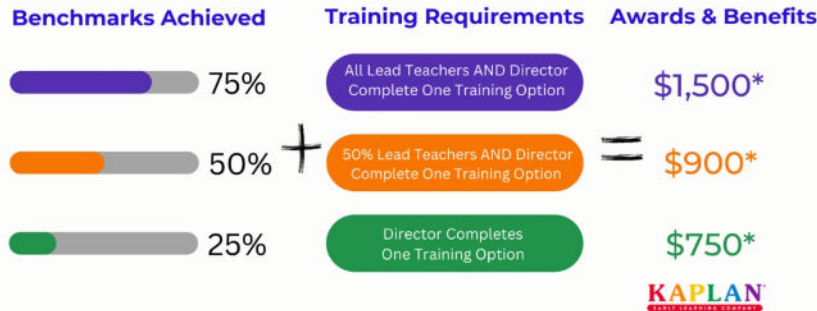


[School Garden Grants](#)

Florida's HEROs Announcements

Increased Award Levels!

The Florida's HEROs award levels have now increased to **\$700, \$900, and \$1,500** based on the percentage of benchmarks achieved in each focus area and professional development requirements. For more information, please reach out to Florida's HEROs directly at FloridasHEROs@gmail.com.



Additionally, if a child care program (1) submits additional documents within two years of submitting their original application and (2) increases the percentage of benchmarks achieved, they will be eligible to receive an additional award of the difference between their previous award level and the new award level.

Are you working with a child care program that is ready to apply? The updated Florida's HEROs application can be found at the link below.

[Florida's HEROs Application](#)

Let's Be HEROs TA OneDrive Folder

Here is your one-stop-shop for TA resources including **ECE outreach materials, Go NAPSACC how-to guides, and FL HEROs application supporting documents.**

Click the link below to access the TA OneDrive shared folder.

Please reach out and let us know if there is anything missing that you'd like to see included!

Florida's HEROs
RECOGNIZING HEALTHY ENVIRONMENTS FOR REDUCING OBESITY IN FLORIDA

Florida's HEROs is focused on recognizing healthy environments for reducing obesity in Florida's early care and education (ECE) settings. We support ECEs that apply for recognition by providing free technical assistance and continuing education opportunities related to the benchmarks for nutrition and physical activity.

Recognition Benchmarks

- Provide Healthy Food
- Offer Healthy Beverages
- Support Breastfeeding
- Limit Screen Time
- Increase Physical Activity

Recognition Requirements

- Professional Development:** Submit certificates of completion from approved trainings for directors and/or staff.
- Childcare Policies:** Submit a copy of your childcare program's policies that align with each benchmark's best practices.
- Childcare Environment:** Submit pictures of your childcare program's healthy environment for each benchmark.
- Staff Practices:** Submit pictures of your childcare program's staff implementing healthy practices for each benchmark.
- Family Engagement:** Submit pictures of events or handouts that your childcare program shares with families you serve focused on benchmark best practices.

Benefits

- Free Technical Assistance
- Award Package*
 - Window Cling & Banner
 - \$500-1000 in Kaplan credits

Scan QR code to submit an interest form or contact us for more information.
www.eces4healthykids.org
FloridasHEROs@gmail.com

*Award package based on the percentage of your previous year award subject to change without notice.

[TA OneDrive Folder](#)

Go NAPSACC Announcements



[Go NAPSACC](#) is an evidence-based tool used to help child care providers improve their practices, policies, and environments to instill healthy habits that support lifelong health.

For TA Consultants

Go NAPSACC TA Consultant Training

Still need to complete your training with Go NAPSACC? Go NAPSACC offers a monthly two-part consultant training! Consultants and Stakeholders who are new to Go NAPSACC or just want a refresher are welcome. You'll learn how to support child care programs through Go NAPSACC's five-step improvement process. Register below.

January 9th and January 23rd, 2022
3:00PM - 4:30 PM EST

[Register Here](#)

New Demo Site URL!

Please save this [new Demo Site link](#) for your future use. Continue to use your Go NAPSACC demo account usernames and passwords at this new website.

Website Tip: Having problems? Try logging in on Google Chrome. Go NAPSACC always works best on Chrome!

[New Demo URL](#)

For ECE Providers

Award Opportunity!

Child care programs will now receive an award amount of \$400 for participating in Go NAPSACC technical assistance in Florida **after** completing the following steps:

- Initial Self-Assessment
- Action Plan
- Post-Assessment (i.e. self-assessment >30 days after initial self-assessment)
- Four (4) touchpoints with a TA consultant (must be tracked by TA in Go NAPSACC)
- Signed attestation letter with TA

Once the above steps are complete, the award will be distributed through [Kaplan Early Learning Company](#) directly to the program director.

Additional questions? Contact us at floridasheros@gmail.com.

Please note: Child care programs that started the Go NAPSACC TA process prior to August 1, 2022 and complete any of the steps listed above after August 1, 2023, will also be eligible.

Trainings now qualify for annual in-service credits!

Go NAPSACC trainings now qualify for annual in-service credits (10-hour annual requirement) for child care personnel caring directly for children. Child care personnel must submit a Go NAPSACC training certificate to the Department of Children and Families for credit.

Get Involved

Join the Florida's HEROs Stakeholder Committee



The **Florida's HEROs Stakeholder Committee** is a group of diverse partners committed to obesity prevention in ECE settings.

- Meetings are quarterly.
- Members promote healthy weight among children 0-5 years of age in child care settings.
- Members guide the development and expansion of the statewide technical assistance network and ECE recognition program.

Next Meeting:

March TBD

Get Involved

Join the Farm2ECE Workgroup

The Farm2ECE Workgroup is a group of **statewide nutrition and ECE stakeholders working to coordinate Farm2ECE efforts** across the state with the goal of increasing usage of Farm2ECE best practices in ECE settings.

Join us the first
Wednesday of every month
11:30 AM - 12:30 PM EST.



Learn More

Partner With Us!

Refer a Childcare Program



Do you have ECE programs that are ready to apply and need application assistance? Or do you need help recruiting ECE programs in your county?

We are here to support you!

Contact us at the link below to set up a meeting.

Contact Us

Become a TA Consultant

Does your organization implement policy, systems, and environmental changes to promote healthy eating habits and physical activity for children ages 0 to 5?

If so, [contact us to learn more](#) about the benefits of becoming a TA Consultant.



Join Us

The Florida's HEROs ECE Recognition is supported by the following:



UF | IFAS Extension
UNIVERSITY of FLORIDA



Funded by:



Managed by:



Follow Us on Social Media



[Update Profile](#) | [Constant Contact Data Notice](#)
Sent by floridasheros@gmail.com. Powered by



Try email marketing for free today!