



## Welcome Back!

*Welcome to the Florida's HEROs ECE Provider Newsletter!*

*Below you'll find key resources and information on the Florida's HEROs recognition application, events, and trainings.*

*Thank you for all that you do. We're glad you're here.*

## Resource of the Month



### Supporting Your Child Care Business with Federal Relief Funds

#### **A Resource for Child Care Providers in Centers and Family Child Care Homes**

This resource is available to help child care providers as you plan and use federal relief grants to support the viability of your child care business.

Since March 2020, there have been multiple rounds of federal funding to help child care providers respond to the challenges of COVID-19. This funding was passed to support the development and learning needs of children, to give more families access to high-quality care in a variety of settings so they can return to work, and to better compensate providers. While the multiple rounds of funds have different timelines for when they must be spent, they all have one goal in common: **to help rebuild and provide stability for child care in all settings, everywhere.**

This one's for you, Directors!

The National Association for the Education of Young Children (NAEYC) and Child Care Aware of America (CCAoA) recently published **a resource for child care providers on planning for and using federal relief grants.**

Read more at the link below.

[Read More](#)

# Florida's HEROs ECE Application

Florida's HEROs (Healthy Environments for Reducing Obesity) recognizes Florida's ECE providers that focus on creating healthy environments that combat obesity for children ages 0 to 5.

The goal is to encourage YOU to take proactive steps to improve your program's practices and policies related to encouraging healthy behaviors among the children and families you serve.

Click the link below to apply to Florida's HEROs today!

*This application is also available in Spanish.*



Apply Now

## Training, Resources, & Events

Need help with goal setting or applying to the FL HEROs Recognition Program?



Contact Us

Go NAPSACC is an evidence-based platform designed to help ECE providers improve the health of young children by providing step by step guidance to enhance childcare program practices and policies.

This tool is now **FREE** for ECE programs in Florida working with a local Technical Assistant (TA) Consultant. To learn more about working with a TA Consultant and using Go NAPSACC, contact FL HEROs using the link below.

## Become a Child Care Food Program (CCFP) Provider

Children who eat nutritious food early in life are at lower risk for developing

childhood obesity. However, many children are not getting enough nutritious food to eat at home.

The Florida Department of Health's Child Care Food Program (CCFP) is a federally-funded program that provides nutritious meals and snacks to eligible children who are enrolled with participating child care providers.

*CCFP funds can even be used for garden supplies!*



[Learn More](#)

## ABCs of a Healthy Me Online Training

Watch this **FREE** six-part online training, ABC's of a Healthy Me. Learn more about the FL HEROs and the five best practice areas for promoting a healthy weight in children ages 0 to 5 in the ECE setting.

Complete all six sessions to earn  
**1 Continuing Education (CE) Credit!**

[Complete Training](#)



ABC's of a Healthy Me  
Session 1 - Overview



## School Garden Leadership Training



**FLORIDA**  
**Agriculture**  
IN THE CLASSROOM

Florida Agriculture in the Classroom and UF/IFAS Extension Family Nutrition Program are excited to host a series of 8 free virtual School Garden Leadership Trainings for the 2021-2022 school year. This training and networking experience is designed for Florida school garden leaders of all levels to build gardening confidence, foster collaboration among leaders, and strengthen garden programs for long-term success.

**Sessions will take place online  
via Zoom on Thursdays**

from 3:30 - 5:00 PM.



More Info



## The Florida's HEROs ECE Recognition is supported by the following:



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