

Florida's HEROs Monthly Newsletter

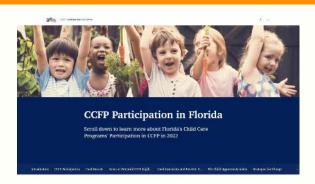
Welcome to the Florida's HEROs Stakeholder and TA Consultant Monthly Newsletter!

This month you'll find a few very important updates on an opportunity to share your experiences as a TA consultant and important information to share with your ECE programs.

Thank you for your hard work promoting and establishing healthy habits among young children. We're so glad you're here.

Important Updates

Announcing Florida's CCFP GIS Story Map



May children in Florida spend the majority of their daytime and eat the majority of their meals in child care. A healthy diet and proper nutrition support children as they grow and develop, which is why it is so important for child care providers to serve healthy food.

Encouraging Child Care Food Program (CCFP) participation among child care providers is one, proven way to increase access to healthy and affordable food for children. This map, developed by Child Care Aware of American (CCAoA) and the Health Council of Southeast Florida (HCSEF), shows CCFP participation

among providers and areas with high poverty rates and low food security.

Our hope is that local, regional, and state child care leaders in Florida use the map to strategize ways to increase CCFP participation, reduce food security, and increase health equity across the state.

You can view the map at the link below. If you have questions or having ideas for using the map, please reach out to the HCSEF directly at planning@hcsef.org.

Florida's CCFP GIS Story Map

For TA Consultants



Go NAPSACC and Florida's HEROs are teaming up to host focus groups to gain a better understanding of your successes and challenges as a TA Consultant. Our hope is that the knowledge gained from these sessions will help inform recruitment strategies and efforts to increase participation and engagement in these programs moving forward.

- Please register for one, onehour focus group session
- Sessions will be held in September and October
- Your responses will be completely anonymous

Register for a time to attend at the link below.

Register Now!

For ECE Programs

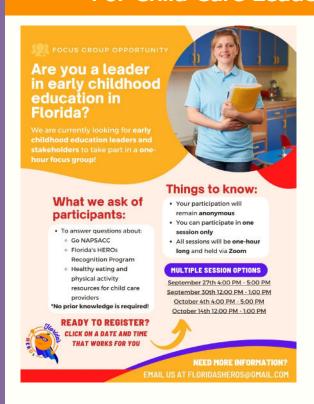
ece program directors also have the opportunity to participate in a focus group to share their experiences with Go NAPSACC and Florida's HEROs, any challenges they have faced in participating in these two programs, and what might encourage them to engage further.

- Please share the flyer at the link below with any ECE programs you are working with or have worked with in the past
- ECE program directors can register for one, one-hour focus group session
- Sessions will be held in September and October
- All responses will be completely anonymous



Focus Group Flyer for ECE Directors

Focus Group Opportunity: For Child Care Leaders and Stakeholders



Local, regional, and state ECE leaders and stakeholders - You are invited to join a focus group session, as well.

We hope to understand your perspective on the challenges child care providers face and what might encourage them to engage with these programs further.

- ECE leaders Register for one, one-hour focus group session
- TA Consultants Please share the flyer at the link below with any ELCs, Head Start, or other child care stakeholders you have a relationship with in your area
- Sessions will be held in September and October
- All responses will be completely anonymous

Focus Group Flyer for ECE Stakeholders

Go NAPSACC Support



Go NAPSACC is an evidence-based tool used to help child care providers improve their practices, policies, and environments to instill healthy habits that support life long health.

Go NAPSACC Office Hours

Go NAPSACC is now offering Office Hours every other month. TA Consultants are welcome to drop in and ask questions about Go NAPSACC.

> Wednesday, August 31st 1:00 PM EST

> > Register Here

Go NAPSACC TA Consultant Training

Still need to complete your training with Go NAPSACC? You'll learn how to support child care programs through Go NAPSACC's five-step improvement process. Register below.

September 7th & 21st 3:00 PM EST

Register Here

Resources, Trainings & Events

NEW RESOURCE! USDA MyPlate Breastfeeding Handouts

Maintaining a healthy diet is very important, especially if a mother is pregnant or breastfeeding. A mother's diet can directly impact the health of their baby.

This resource from the United States
Department of Agriculture (USDA)
MyPlate has multiple family
engagement resources on



breastfeeding.

Find the handouts available in English and Spanish at the link below.

Breastfeeding Handouts

NEW RESOURCE! Breastfeeding Basics

This guide from Go NAPSACC called "Breastfeeding Basics" has simple, digestible tips for families who are able to and choose to breastfeed.

Share this resource with your ECE programs as another breastfeeding family engagement option for National Breastfeeding Month.

Read more at the link below and share with your ECE programs.



Breastfeeding Basics Flyer

Go NAPSACC Continuum of Support

Go NAPSACC encourages consultants to use professional judgement and creativity to help child care programs successfully complete the entire 5-step improvement process.



Check out this step-by-step guide for providing technical assistance to child care providers that require a range from "Low Cost & Minimal Time" to "High Cost & Time Intensive" support.

Read More

TA OneDrive Shared Folder

Here is your one-stop-shop for TA resources including ECE outreach materials, Go NAPSACC how-to guides, and FL HEROs application supporting documents.

Click the link below to access the OneDrive TA shared folder.

Please reach out and let us know if there is anything missing that you'd like to see included!



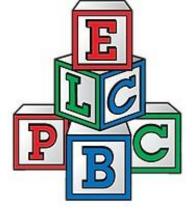
TA Shared Folder

Early Learning Coalition of Palm Beach Quarterly ECE Provider Meetings

Do you provide early child care services in Palm Beach County?

<u>Email Gina Carello</u> to share information about the childcare programs and services you offer.

Upcoming Virtual Meetings: October 20th 3:00 PM - 5:00 PM



Get Involved

Join the Florida's HEROs Stakeholder Committee





Get Involved

The Florida's HEROs Stakeholder Committee is a group of diverse partners committed to obesity prevention in ECE settings.

- Meetings are quarterly
- Members promote healthy weight among children 0-5 years of age
- Members guide the development and expansion of the statewide technical assistance network and ECE recognition program

Next Meeting: September 15th 1:00 PM - 3:00 PM

Join the Farm2ECE Workgroup

The Farm2ECE Workgroup is a group of statewide nutrition and ECE stakeholders working to coordinate Farm2ECE efforts across the state with the goal of increasing usage of Farm2ECE best practices in ECE settings.

Join us the first Wednesday of every month 11:30 AM - 12:30 PM EST.



Partner With Us!

Refer a Childcare Program



Do you have ECE programs that are ready to apply and need application assistance? Or do you need help recruiting ECE programs in your county?

We are here to support you!

Contact us at the link below to set up a meeting.

Contact Us

Become a TA Consultant

Does your organization implement policy, systems, and environmental changes to promote healthy eating habits and physical activity for children ages 0 to 5?

If so, contact us to learn more about the benefits of becoming a TA Consultant.



Join Us

The Florida's HEROs ECE Recognition is supported by the following:









Funded by:



Managed by:



Follow Us on Social Media



